Amendments to the Claims

Claims 1-17 (Cancelled).

18. (Currently amended) A method of providing material into a deposition chamber comprising:

providing one or more reservoirs a reservoir in fluid communication with a deposition chamber;

providing at least one metastable specie within the reservoir at least one of the reservoirs; and

containing the at least one metastable specie within the reservoir; and

after the containing, flowing the at least one metastable specie from the at
least-one reservoir into the deposition chamber, the flowing the at least one
metastable specie comprising:

introducing the at least one metastable specie into the deposition chamber through an inlet; and

passing at least a portion of the at least one metastable specie through a disperser.

- (Original) The method of claim 18 wherein the deposition chamb is an ALD chamber.
 - 20. (Cancelled).

- 21. (Currently amended) The method of claim 18 further comprising:
 activation of a substance within at least one the reservoir to form at least
 one of the metastable specie.
- 22. (Currently amended) The method of claim 18 further comprising: remotely forming at least one metastable specie; and providing the remotely formed metastable specie into the at least one reservoir in metastable form.
- 23. (Currently amended) The method of claim 18 wherein the at least one metastable specie comprises two metastable species; one of the two metastable species being a first metastable specie, wherein the reservoir is a first reservoir and further comprising:

providing and another of the metastable species being a second metastable specie within a second reservoir:

after the providing the second metastable specie, containing the second metastable specie within the second reservoir; and

flowing the second metastable specie from the second reservoir into the deposition chamber.

24. (Original) The method of claim 23 wherein the first metastable specie and the second metastable specie are flowed into the deposition chamber sequentially relative to one another.

- (Original) The method of claim 24 wherein the chamber is purg. d. after flowing the first metastable specie and before flowing the second metastable specie.
- 26. (Original) The method of claim 23 wherein at least some of the first metastable specie and at least some of the second metastable specie are flow d into the deposition chamber simultaneously.
 - 27. (Currently amended) A layer deposition method comprising: providing a catalyst within a an activation reservoir;

providing a hydrogen source in fluid communication with the activation reservoir;

catalytically generating activated hydrogen within the activation reservoir; and

during the generating, containing the activated nitrogen within the activation reservoir, and

after the generating; flowing the activated hydrogen from the activation reservoir into a reaction chamber.

28. (Original) The layer deposition method of claim 27 wherein the catalyst comprises Pt.

- 29. (Original) The layer deposition method of claim 27 further comprising providing TiCl₄ to the reaction chamber.
 - 30. (Currently amended) A layer deposition method comprising: providing a substrate within a deposition chamber; remotely generating activated hydrogen;

flowing the activated hydrogen into at least one a first pre-depositionchamber reservoir, the at least one pre-deposition chamber reservoir having a combined first volume;

flowing the activated hydrogen from the at least one pre-depositionchamber reservoir into a deposition chamber, the deposition chamber having a second volume which is less than the first volume; and

adsorbing at least a portion of the activated hydrogen onto a substrate.

 (Currently amended) The layer deposition method of claim 30 32 further comprising:

flowing TiCl4 into the deposition chamber; and adsorbing at least a portion of the TiCl₄ onto the substrate.

32. (Currently amended) A method of depositing material on a substrate comprising:

generating a first metastable specie;

containing the first metastable specie within a first reservoir, the first reservoir having a first volume;

flowing the first metastable specie from the first reservoir into a deposition chamber having a second volume, the second volume being less than at least 1.0 % of the first volume; and

depositing at least some of the first metastable specie onto a substrate.

- 33. (Currently amended) The method of claim 34 32 wherein the flowing of the metastable specie from the reservoir into the chamber comprises flushing the metastable specie from the reservoir by flowing a carrier gas.
- 34. (Currently amended) The method of claim 33 35 wherein the flowing of the carrier gas comprises flowing the carrier gas through the reservoir.
- 35. (Currently amended) The method of claim 32 34 wherein the generating occurs within the first reservoir.
- 36. (Currently amended) The method of claim <u>32</u> 34 wherein the generating of the first metastable specie is remote from the first reservoir and wherein the method further comprises flowing the metastable specie into the reservoir.

- 37. (Currently amended) The method of claim 32 34 wherein the generating comprises activation of at least one precursor utilizing one or more of heat activation, plasma activation and catalytic activation.
- 38. (Currently amended) The method of claim 32 34 wherein the generating occurs within the first reservoir and comprises activation of at least one precursor by providing a catalyst within the first reservoir.
- 39. (Currently amended) The method of claim <u>32</u> 34 further comprising generating a second metastable specie.
- 40. (Currently amended) The method of claim 39 44 further comprising: containing the second metastable specie within a second reservoir, wherein the second reservoir is in selective fluid communication with the deposition chamber; and

flowing the second metastable specie from the second reservoir into the deposition chamber.

41. (Currently amended) The method of claim 40 42 wherein the flowing of the first metastable specie into the deposition chamber and the flowing of the second metastable specie into the deposition chamber at least partially overlap.

- 42. (Currently amended) The method of claim 40 42 wherein the flowing of the first metastable specie into the deposition chamber and the flowing of the second metastable specie into the deposition chamber do not overlap.
- 43. (Currently amended) The method of claim 42 44 further comprising: purging the deposition chamber between the flowing of the first metastable specie and the flowing of the second metastable specie.
- 44. (Currently amended) The method of claim 39 41 wherein the second metastable specie is the same as the first metastable specie.
- 45. (Currently amended) An atomic layer deposition method comprising: providing an <u>a</u> metastable-specie-containment reservoir in selective fluid communication with a reaction chamber;

containing a metastable specie in the metastable-specie-containment reservoir; and

flowing the metastable specie from the metastable-specie-containment reservoir into the reaction chamber, the flowing comprising:

purging the metastable-specie-containment reservoir, wherein the purging flushes the metastable specie from the metastable-specie-containment reservoir into the reaction chamber through one or more metastable-specie inlets; and

compressing the metastable specie into the reaction chamber, the reaction chamber comprising a volume that is less than an initial volume occupied by the

metastable specie prior to the flowing from the metastable-specie-containment reservoir.

46. (Currently amended) The method of claim 45 47 wherein the metastable-specie-containment reservoir is a first metastable-specie containment reservoir and the metastable specie is a first metastable specie, the method further comprising:

providing a second metastable-specie-containment reservoir;

flowing a second metastable specie from the second metastable-speciecontainment reservoir.

- 47. (Currently amended) The method of claim <u>45</u> 47 wherein the one or more metastable-specie inlets comprises an metastable-specie inlet having a valve.
- 48. (Currently amended) The method of claim 45 47 further comprising: providing a substrate platform with in the reaction chamber; and providing a dispersion head between the one or more metastable specie inlets, collectively, and the substrate platform, wherein the flowing from metastable-specie-containment reservoir further comprises passing the metastable specie through the dispersion head.